

**Salad-to-Go Options Available Monday through Friday for Lunch or Dinner are *Fresh Fruit, Santa Fe Chicken or Vegetarian Korean BBQ Quinoa Wrap***

MONDAY 7/30/18	TUESDAY 7/31/18	WEDNESDAY 8/1/18	THURSDAY 8/2/18	FRIDAY 8/3/18	SATURDAY 8/4/18	SUNDAY 8/5/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange juice Fresh Fruit Bagel W/Cream Cheese Sausage Patty Cream of Wheat Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Cinnamon Twist Donut Apple wood Bacon Oatmeal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Ham and Cheese Omelet Malt-O-Meal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Hash Browns/ Bacon Cream of Wheat Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Sausage Links Waffles Oatmeal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Ham Steak Caramel Roll Malt-O-Meal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>
<p>Pepper Pot Soup Vegetable Quesadilla Caribbean Chicken &amp; Rice Pilaf  Broccoli Brussels Sprouts Applesauce Frosted Chocolate Cake  Coffee-Tea-Milk</p>	<p>Egg Drop Soup Taco Salad Vegetable Lo Mein Bowl Capri Blend Vegetables Wax Beans Banana Bread Fresh Fruit Compote  Coffee-Tea-Milk</p>	<p>Lentil Soup Meat Loaf Mashed Potatoes/ Gravy  Seafood Salad Cauliflower Stewed Tomatoes Waldorf Salad Pistachio Pudding  Coffee-Tea-Milk</p>	<p>Gazpacho Soup Grilled Turkey and Swiss on Potato Bread/Pickle Spear TatorTot Casserole California Blend Vegetables Asian Vegetables Chilled Watermelon Cubes Rocky Road Brownies Coffee-Tea-Milk</p>	<p>Vegetarian Vegetable Soup Tuna Salad Sandwich / Potato Chips Chicken Platter Zucchini Beets Marinated Vegetable Salad Lemon Cookie Coffee-Tea-Milk</p>	<p>Corn Chowder Beef Ravioli Ham Loaf with Tator Tots Sicilian Blend Vegetables Peas Sliced Peaches Sugar Cookie Coffee-Tea-Milk</p>	<p>Chicken Gumbo Soup Polish Sausage on a Bun Pizza Burger French Fries Diced Carrots Mediterranean Blend Vegetables Frozen Yogurt Chilled Fruit Cocktail  Coffee-Tea-Milk</p>
<p>Mushroom Swiss Burger / Potato Chips Cabbage Roll Casserole Mixed Vegetables with Carrots Key west Vegetables Oriental Salad Frozen Yogurt Coffee-Tea-Milk</p>	<p>Macaroni and Cheese Chef Salad Green Beans California Blend Chilled Pineapple Chunks Strawberry Gelatin Parfait Coffee-Tea-Milk</p>	<p>Manwich Sandwich/ Potato Chips Beanie Weenie Hot Dish Sliced Carrots Steamed Cabbage Peaches/Cottage Cheese Salad Macaroon Cookies Coffee-Tea-Milk</p>	<p>Cheese Pizza Beef Gyro / Cucumber Sauce Corn Spinach Chilled Mandarin Oranges Pound Cake Coffee-Tea-Milk</p>	<p>Crunchy Baked Fish Country Fried Steak Oven Browned Potatoes Yams Asparagus Three Bean Salad Chocolate Pudding Coffee-Tea-Milk</p>	<p>BBQ Beef On A Bun / Potato Chips Egg Salad Sandwich / Potato Chips Fiesta Blend Vegetable Spinach Banana Cherry Crisp Coffee-Tea-Milk</p>	<p>Swedish Meatballs Roast Pork Oven Roasted Potatoes Green Beans Beets Chilled Pears Frosted White Cake Coffee-Tea-Milk</p>



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MONDAY 8/6/18	TUESDAY 8/7/18	WEDNESDAY 8/8/18	THURSDAY 8/9/18	FRIDAY 8/10/18	SATURDAY 8/11/18	SUNDAY 8/12/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange juice Fresh Fruit Bagel Sausage Patty Cream of Wheat</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Blueberry Pancakes Apple Wood Smoked Bacon Oatmeal</p> <p>Assorted Dry Cereals Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Cheese Omelet Malt-O-Meal</p> <p>Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Biscuits and Gravy Cream of Wheat</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice</p> <p>Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Sausage Links Donuts Oatmeal</p> <p>Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Ham Steak Cinnamon Streusel Malt-O-Meal Assorted Dry Cereals</p> <p>Coffee-Tea-Milk</p>
<p>Vegetable Soup Beef Chili Turkey Sub Sandwiches/Potato Chips</p> <p>Mixed Vegetables Cauliflower Tomato Basil Salad Strawberry Cream Pie</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Noodle Soup Grilled Vegetable Sandwich Sesame Chicken Salad Broccoli Spinach Pound Cake Carrot / Celery Sticks and Dip</p> <p>Coffee-Tea-Milk</p>	<p>Chilled Strawberry Soup Chicken Sandwich/ Lettuce Beef Lasagna / Garlic Bread</p> <p>Cauliflower Zucchini Pickled Beet Salad Chocolate Pudding</p> <p>Coffee-Tea-Milk</p>	<p>Minestrone Soup BBQ Chicken Smothered Pork Chop Mashed Potatoes</p> <p>Corn on the Cob Spinach Potato Salad Strawberry Yogurt Parfait</p> <p>Coffee-Tea-Milk</p>	<p>Manhattan Clam Chowder Veggie Burger / Hush Puppies Seafood Platter</p> <p>Vegetable Blend Wax Beans Coleslaw Frosted Brownies</p> <p>Coffee-Tea-Milk</p>	<p>Tomato Soup Grilled Cheese Sandwich Shaved Turkey Sandwich French Fries</p> <p>Broccoli Spinach Chilled Mandarin Oranges Oatmeal Cookies</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Rice Soup Egg Salad Sandwich with Potato Chips Cheese Burger Macaroni Dinner Brussels Sprouts Scandinavian Veg. Waldorf Apple Salad Orange Gelatin Parfait</p> <p>Coffee-Tea Milk</p>
<p>Chicken Chow Mein over Rice Ham &amp; Cheese Pasta Salad Bavarian Sauerkraut Oriental Vegetables Chilled Melon Cubes Chocolate Cake</p> <p>Coffee-Tea-Milk</p>	<p>Black Bean Casserole Spaghetti with Meat Sauce Brussels Sprouts Carrots Banana Butterscotch Bars</p> <p>Coffee-Tea-Milk</p>	<p>Bean and Cheese Enchilada Fish and Chips Wax Beans Stewed Tomatoes Pineapple/ Cottage Cheese Salad Gingerbread with Whipped Topping</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Noodle Casserole Vegetarian Pizza Sliced Carrots Broccoli Tossed Salad Spumoni Ice Cream</p> <p>Coffee-Tea-Milk</p>	<p>Beef Taco</p> <p>Italian Sausage Sandwich / Pickle Spear Beets Fiesta Blend Veg</p> <p>Fresh Fruit in Season Apple Crisp</p> <p>Coffee-Tea-Milk</p>	<p>Meat Loaf/Scalloped Potatoes Turkey Ala King / Toast Points Green Beans /Almonds Asparagus Carrot Pineapple Salad Strawberry Mango Slushie</p> <p>Coffee-Tea-Milk</p>	<p>Yankee Pot Roast Oven Fried Chicken Mashed Potatoes/Gravy Squash Capri Vegetables Cucumber Salad Strawberry Shortcake</p> <p>Coffee-Tea-Milk</p>



**Salad-to-Go Options Available Monday through Friday for Lunch or Dinner are Fresh Fruit, Santa Fe Chicken or Vegetarian Korean BBQ Quinoa Wrap**

MONDAY 8/13/18	TUESDAY 8/14/18	WEDNESDAY 8/15/18	THURSDAY 8/16/18	FRIDAY 8/17/18	SATURDAY 8/18/18	SUNDAY 8/19/18
Fresh fruit is available at all meals						
<p>Orange juice Fresh Fruit Ham and Cheese Breakfast Croissant Cream of Wheat Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Eggo Waffles Apple Wood Bacon Oatmeal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Cheese Omelet Malt-O-Meal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit French Toast Sausage Links Cream of Wheat Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Breakfast Pizza Oatmeal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>	<p>Orange juice Fresh Fruit Ham Steak Cinnamon Roll Malt-O-Meal Assorted Dry Cereals Toast with Jelly</p> <p>Coffee-Tea-1% milk</p>
<p>Vegetable Soup Grilled Turkey Burger Fettuccini with Alfredo Sauce Wax Beans Cauliflower Chilled Pears Frosted White Cake</p> <p>Coffee-Tea 1% milk</p>	<p>Cold Asparagus Soup</p> <p>Chef Salad</p> <p>California Burger</p> <p>Bahamas Vegetables Stewed Tomatoes Chilled Tropical Fruit Dutch Apple Pie</p> <p>Coffee-Tea 1% milk</p>	<p>Split Pea Soup</p> <p>Strawberry Chicken Salad</p> <p>Meatless Manicotti Casserole</p> <p>Asian Vegetables Wisconsin Blend Veg Banana Orange Gelatin Parfait</p> <p>Coffee-Tea 1% milk</p>	<p>Black Bean Soup</p> <p>Fried Chicken BBQ Ribs Steak Fries</p> <p>Carrots Broccoli Potato Salad Red White and Blue Dessert</p> <p>Coffee-Tea 1% milk</p>	<p>Asian Vegetable Soup Asian Platter</p> <p>Fish Sticks Frech Fries</p> <p>Mixed Vegetables</p> <p>Brussel Sprouts Brownies Three Bean Salad</p> <p>Coffee-Tea 1% milk</p>	<p>Vegetable Beef Soup Smothered Steak Chicken Nuggets Hash Browns Asparagus Cauliflower Tossed Salad Sugar Cookie</p> <p>Coffee-Tea 1% milk</p>	<p>French Onion Soup</p> <p>Chicken Salad Sandwiches / Potato Wedges</p> <p>Cheeseburger Potato Wedges Monte Carlo Blend Vegetables Peas Banana Split Dessert Diced Peaches</p> <p>Coffee-Tea 1% milk</p>
<p>Pork Almond Rice Casserole Cottage Cheese Fruit Plate Sliced Carrots Broccoli Tossed Salad Vanilla Pudding</p> <p>Coffee-Tea-1% milk</p>	<p>Beef Burrito Turkey Pastrami Sub Sandwich / Potato Chips</p> <p>Capri Blend Vegetables Green Beans Chilled Apricots Angel Food Cake</p> <p>Coffee-Tea-1% milk</p>		<p>Chicken Enchilada Taco Pizza Sauerkraut Cauliflower Marinated Vegetable Salad Chocolate Chip Cookies</p> <p>Coffee-Tea-1% milk</p>	<p>Tuna Pasta Salad Chicken Pot Pie Italian Blend Vegetables Spinach Creamy Cucumber Salad Frozen Yogurt</p> <p>Coffee-Tea-1% milk</p>	<p>Vegetable Quiche with Dinner Roll Chicago Style Hot Dog with Sour Cream Pot Wedges Peas Caribbean Blend Chilled Pineapple Chunks Cherry Crisp</p> <p>Coffee-Tea -1% milk</p>	<p>Meat Loaf Roast Turkey Mashed Potatoes/ Gravy Diced Beets Oriental Blend Veg</p> <p>Fresh Strawberries M&amp;M Cookie</p> <p>Coffee-Tea-1% milk</p>

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MONDAY 8/20/18	TUESDAY 8/21/18	WEDNESDAY 8/22/18	THURSDAY 8/23/18	FRIDAY 8/24/18	SATURDAY 8/25/18	SUNDAY 8/26/18
Fresh fruit is available at all meals						
<p>Orange Juice Fresh Fruit Pancakes Sausage Patty Cream of Wheat Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Hard Cooked Eggs Muffin Oatmeal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Spanish Omelet Malt-O-Meal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Hash Browns Applewood Smoked Bacon Cream of Wheat Assorted Dry Cereals Whole Wheat Toast Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Scrambled Eggs Cream of Rice Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Sausage Links Donuts Oatmeal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>	<p>Orange Juice Fresh Fruit Ham Steak Coffeecake Malt-O-Meal Assorted Dry Cereals Whole Wheat Toast</p> <p>Coffee-Tea-Milk</p>
<p>Chicken Rice Soup Macaroni / Cheese Chicken Caesar Salad</p> <p>Brussel Sprouts Monte Carlo Blend Vegetables Grapes Pineapple Upside Down Cake</p> <p>Coffee-Tea-Milk</p>	<p>Beef Barley Soup Korean Beef Bowl over Quinoa Grilled Chicken Quesadilla Spinach Carrots Chilled Applesauce Home Made Ginger Cookie</p> <p>Coffee-Tea-Milk</p>	<p>Cream of Broccoli Soup BBQ Pork Sandwich</p> <p>Asian Chicken Salad</p> <p>Mixed Vegetables Green Beans w/Onions</p> <p>Blush Pear Salad Frozen Yogurt</p> <p>Coffee-Tea-Milk</p>	<p>Lentil Soup Orange Honey Chicken with Oven Browned Potatoes Vegetarian Lasagna</p> <p>Peas Cauliflower Tropical Fruit Salad Banana Bread</p> <p>Coffee-Tea-Milk</p>	<p>Tortilla Soup Fish Patty on Bun/ French Fries Smothered Grilled Chicken Burrito Beets Brussels Sprouts</p> <p>Coleslaw Peanut Butter Cookies</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Noodle Soup</p> <p>Baked Spaghetti Grilled Ham and Cheese Sandwich Key Largo Blend Vegetables Green Beans Orange Gelatin Parfait Fresh Fruit</p> <p>Coffee-Tea-Milk</p>	<p>Old Fashioned Cabbage Soup BLT Sandwich Shaved Turkey Sandwich / Kettle Chips</p> <p>Stewed Tomatoes Zucchini Cottage Cheese Strawberry Yogurt</p> <p>Coffee-Tea-Milk</p>
<p>Stuffed Shells with Red Sauce</p> <p>Pork Patty on Bun with Potato Wedges</p> <p>Green Beans Beets Tossed Salad Strawberry Parfait</p> <p>Coffee-Tea-Milk</p>	<p>Turkey Pot Pie Vegetarian Chili with Corn Bread</p> <p>Capri Vegetables Scandinavian Blend Vegetables</p> <p>Cranberry Relish Plate Apple Crisp</p> <p>Coffee-Tea -Milk</p>	<p>Philly Beef Sandwich Tuna Salad Sandwich Potato Chips Carrots Steamed Cabbage</p> <p>Chilled White Grape Juice Genes Chocolate Chocolate Chip Cookies</p> <p>Coffee-Tea -Milk</p>	<p>Chicken/Pineapple/ Pasta Salad Pepperoni Pizza</p> <p>Wax Beans Broccoli</p> <p>Chilled Mandarin Oranges Peach Cobbler</p> <p>Coffee-Tea-Milk</p>	<p>Salmon Loaf with Dill Sauce and Baked Potato Beef Ravioli</p> <p>Asparagus Italian Blend Vegetables Creamy Cucumbers</p> <p>Marble Cake</p> <p>Coffee-Tea-Milk</p>	<p>Chicken Sandwich/ Tri Tators Beef Chow Mein/ White Rice</p> <p>Sauerkraut Carrots Creamy Apple Salad Banana Pudding</p> <p>Coffee-Tea -Milk</p>	<p>Roast Beef/Gravy Mashed Potatoes</p> <p>Oven Fried Chicken</p> <p>Corn Winter Blend Vegetables Tossed Salad Pumpkin Bar</p> <p>Coffee-Tea-Milk</p>



**Salad-to-Go Options Available Monday through Friday for Lunch or Dinner are Fresh Fruit, Santa Fe Chicken or Vegetarian Korean BBQ Quinoa Wrap**

MONDAY 8/27/18	TUESDAY 8/28/18	WEDNESDAY 8/29/18	THURSDAY 8/30/18	FRIDAY 8/31/18	SATURDAY 9/1/18	SUNDAY 9/2/18
<b>Fresh fruit is available at all meals</b>						
<p>Orange juice Fresh Fruit Bagel W/Cream Cheese Sausage Patty Cream of Wheat Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Cinnamon Twist Donut Apple wood Bacon Oatmeal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Ham and Cheese Omelet Malt-O-Meal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Hash Browns/ Bacon Cream of Wheat Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Scrambled Eggs Cream of Rice Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Sausage Links Waffles Oatmeal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>	<p>Orange juice Fresh Fruit Ham Steak Caramel Roll Malt-O-Meal Assorted Dry Cereals Toast with Jelly Coffee-Tea-Milk</p>
<b>MINNESOTA STATE FAIR WEEK</b>						
<p>BBQ Pig Wings and Waffle Fries Fried Macaroni and Cheese with Waffle Fries Fried Green Beans Blue Ribbon Strawberries Grandma's Apple Dumplings Coffee-Tea-Milk</p>	<p>Foot Long Hot Dog with Grilled Onions Fire Roasted Chicken Wings with Cheese Curds Roasted Corn on the Cob Blue Ribbon Peaches Mini Donuts Coffee-Tea-Milk</p>	<p>Smoked Sirloin Steak Sandwich with Spicy Fries Smoked Turkey Leg with Spicy Fries Fried Broccoli Award Winning Pickles Grand Champion Cinnamon Rolls Coffee-Tea-Milk</p>	<p>Corn Dogs Meat Loaf Sundae Fried Broccoli Tropical Fruit Smoothie Funnel Cake Coffee-Tea-Milk</p>	<p>Thai Shrimp on a Stick Teriyaki Chicken on a Stick Fried Noodle Bowl and Vegetables Fried Cauliflower Fruit on a stick Mini Chocolate Chip Cookies Coffee-Tea-Milk</p>	<p>Corn Chowder Beef Ravioli Ham Loaf with Tator Tots Sicilian Blend Vegetables Peas Sliced Peaches Sugar Cookie Coffee-Tea-Milk</p>	<p>Chicken Gumbo Soup Polish Sausage on a Bun Pizza Burger French Fries Diced Carrots Mediterranean Blend Vegetables Frozen Yogurt Chilled Fruit Cocktail Coffee-Tea-Milk</p>
<p>Mushroom Swiss Burger / Potato Chips Cabbage Roll Casserole Mixed Vegetables with Carrots Key west Vegetables Oriental Salad Frozen Yogurt Coffee-Tea-Milk</p>	<p>Macaroni and Cheese Chef Salad Green Beans California Blend Chilled Pineapple Chunks Strawberry Gelatin Parfait Coffee-Tea-Milk</p>	<p>Manwich Sandwich/ Potato Chips Beanie Weenie Hot Dish Sliced Carrots Steamed Cabbage Peaches/Cottage Cheese Salad Macaroon Cookies Coffee-Tea-Milk</p>	<p>Cheese Pizza Beef Gyro / Cucumber Sauce Corn Spinach Chilled Mandarin Oranges Pound Cake Coffee-Tea-Milk</p>	<p>Crunchy Baked Fish Country Fried Steak Oven Browned Potatoes Yams Asparagus Three Bean Salad Chocolate Pudding Coffee-Tea-Milk</p>	<p>BBQ Beef On A Bun / Potato Chips Egg Salad Sandwich / Potato Chips Fiesta Blend Vegetable Spinach Banana Cherry Crisp Coffee-Tea-Milk</p>	<p>Swedish Meatballs Roast Pork Oven Roasted Potatoes Green Beans Beets Chilled Pears Frosted White Cake Coffee-Tea-Milk</p>